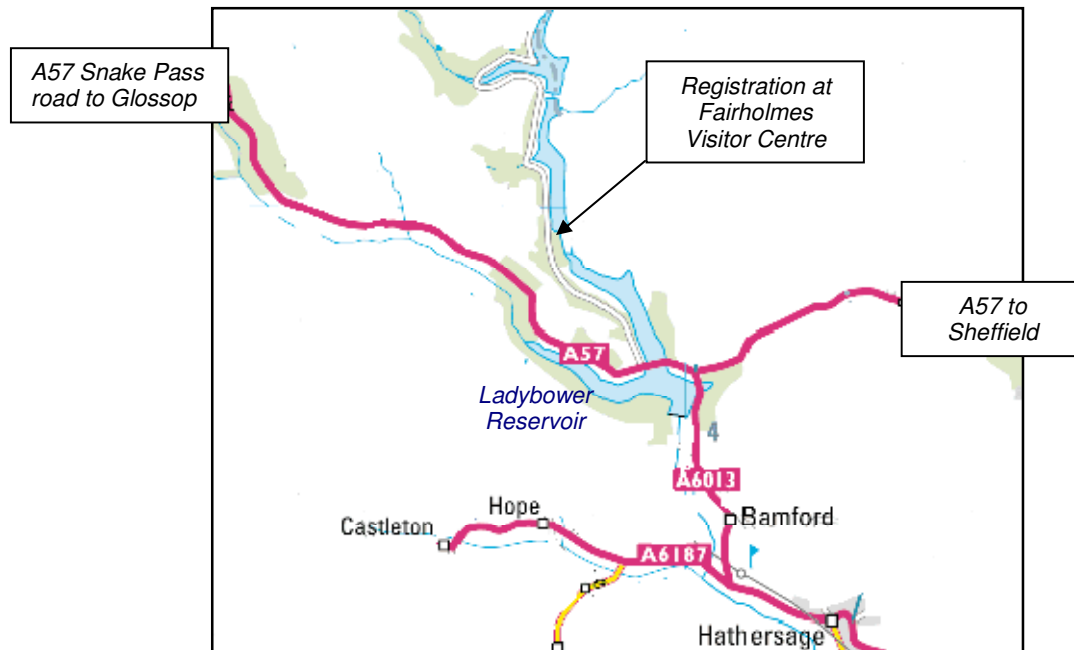


# Challenge Cancer Through Adventure Derwent Dambuster Final Details

Saturday 18th April 2009

## Event Venue & Directions

Parking, Registration, Start and Finish are at or near to Fairholmes Visitor Centre in the Upper Derwent Valley, OS Grid reference SK 173894. **From the West**, take the A57 Snake Pass from Glossop towards Sheffield. At Ladybower Reservoir, turn left for Fairholmes visitor centre **From the East**, take the A57 Snake Pass from Sheffield towards Glossop. At Ladybower Reservoir, turn right for Fairholmes visitor centre. **From the South**, take the A6183 and then the A6013 from Hathersage through Bamford. At the T junction with the A57 Snake Pass turn left towards Glossop. At Ladybower Reservoir, turn right for Fairholmes visitor centre.



## Parking

Parking is limited at Fairholmes, but there should be no problem at the time of the event. Pay and Display Parking is available at Fairholmes Visitor Centre. Free Car Parks are available on the approach road just before the Visitor Centre. Please follow the directions of event marshals. **DO NOT PARK** outside of the official car parks. Failure to observe these parking instructions could jeopardise the event's future. This is a very popular visitor area and the car parks will be full before the event starts, so be early.

## Event Facilities

There are toilets at Fairholmes Visitor Centre. There are no changing facilities. There is a cafe at the visitor centre which opens at 8:30 am

## Registration

**All participants MUST report to Registration**, to receive final instructions and to collect their numbers.

**Challenge Walk** Registration is between 8.00am and 8.30am. **Trail Race** and **Fun Run** registration is between 8.30am and 10.00am. Don't leave registration until the last minute, last year some entrants missed the start as they were still queuing at registration. The start is about 5mins walk from the car park. (Look for a big dam wall, go to the field beneath it, and you'll see the Start). At registration you will be given final instructions, your number and safety pins. If you are travelling alone you will be able to leave your car keys at Registration. If you wish to leave clothing or belongings, bags will be available at the **start**, (not at Registration), and these will be taken to the finish.

## Start

**Challenge Walk** -There will be a briefing for all participants at the **start** at 8.55am. -The start is at **9:00am Trail Race** and **Fun Run** -A briefing for all participants at the **start** at 10.25am. -The start is at **10.30am**.

## Route and Course



The route follows a stony unsurfaced track and a quiet tarmac road for most of the course, with a short stretch over a grassy or muddy footpath.

There will be signs and marshals, but the course is mostly obvious – do not leave the main track or road except where directed by marshals. The Start is on grass below the Derwent Dam. The course begins by going North on an unsurfaced track along the East side of the Derwent and Howden Reservoirs. At the North end of Howden Reservoir, the course turns left onto a footpath to cross the river Derwent at Slippy Stones footbridge. Another short stretch of unsurfaced track leads to a tarmac road at King's Tree, which is followed to the Finish at the side of the Derwent Dam above Fairholmes. Water will be available at King's Tree, which is about halfway round the course. The road and track are closed to public traffic, but runners should beware of vehicles, including buses, on the tarmac road, and cyclists on the road and track.

In or after wet weather parts of the course can be muddy or slippery and appropriate footwear should be worn. Parts of the course, especially near Slippy Stones, can be **very** exposed in bad weather and runners should be appropriately dressed and equipped for the prevailing weather conditions. In bad weather you are strongly recommended to wear or carry warm clothes and waterproofs.

**Refreshments** Water will be available at King's Tree, about halfway round the course. Hot and cold drinks and cakes will be available at or near the Finish. There is also a café at the Visitor Centre, which opens at 8:30 am.

### Finish

The Finish will be just North-West of the Derwent Dam Wall, and about 5 minutes walk from the Visitor Centre. At the Finish you will be issued with a Certificate of Completion and hot and cold drinks and cakes will be available.

### Retirements

If you retire it is your own responsibility to return to the Finish at Fairholmes. We cannot provide transport except in an emergency, and we are not allowed to take vehicles on the unsurfaced track

***All participants MUST report to the finish, even if they retire***

### Prizes

Prizes will be presented to the winners and runners-up in the male and female 18-39 years categories, and the winners of the male and female 40 years and over (veteran) categories, on the day, at the finish.

### Photographs

We may take photographs of the event for publicity purposes. Please advise us if you do NOT want photos of yourself to be used for this purpose.

### Further information

Please contact [dambuster@challengecancer.org.uk](mailto:dambuster@challengecancer.org.uk) or phone 01629 732179.

**Good luck and have fun!**  
**[www.challengecancer.org.uk](http://www.challengecancer.org.uk)**  
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